

# SPANISH MEADOWS

## NURSING & REHABILITATION

### **Policy for Visitation by Designated Visitors During the COVID-19 Pandemic**

#### **You are eligible to visit if you meet the following criteria:**

1. Must be the designated visitor for the resident.
  - There are only TWO (2) designated visitors allowed per resident.
  - These two assigned designated visitors will remain permanent on the list of visitors and cannot be replaced at any time.
  - Anyone not on the official list who attempts to visit will not be permitted to enter the facility.
2. Must be at least 18 years of age.
3. Must have no underlying medical condition which may be aggravated by wearing of N95 mask.
4. Must have no symptoms suggestive of COVID-19 which may include but not limited to fever (Temp  $\geq$  100.4F), cough, diarrhea, pink eye, sore throat, headache, etc.
5. Must have no history of travel out of the state within the past 14 days.
6. Must have no known exposure to positive COVID-19 case.
7. Must test negative for COVID-19 within the past 14 days prior to every visit.
8. Must have scheduled an appointment for visit.

#### **What to bring:**

1. One (1) valid ID.
  - a. Driver's license, state ID or Spanish Meadows Designated Visitor badge (to be issued on first visit)
2. Proof of negative COVID-19 test result (this needs to be emailed or texted prior to visit)
3. All required personal protection equipment – PPE – in a gallon zip lock bag

## House Rules

- Visiting hours are strictly between 8 am and 7 pm Monday - Friday only.
- No visits on the weekends.
- Each visit must be by appointment only.
- No walk-in visits are allowed.
- A maximum of 8 visitors are allowed in the facility each day.
- **Only one designated visitor per resident per day.**
- All visitors are expected to comply with the facility's infection control protocol.
- **Visitors must provide their own personal protection equipment - PPE (hair cover, N95 mask, face shield – which is reusable, isolation gown, shoe cover). These must be new and sealed in a gallon plastic zip lock bag.**

## Who is not allowed visitors?

**All new admissions and re-admissions are admitted to the observation unit or the “warm zone” (located at the back of 300 Hall). These residents are quarantined and observed for COVID-19 related symptoms for 14 days and will NOT BE ALLOWED visitors. After the 14-day period and when the resident is cleared from any possible COVID-19 related symptoms, the resident will then be transferred to the “cold zone” or “COVID free zone”. When the resident is transferred to the “cold zone”, an appointment for visits may be scheduled.**

## Before entering the building:

Check-in process

The visitor must stand 6-ft away from the door (this is marked on the ground in front of the door by a series of red paper stop signs) as the front desk personnel verify the following:

1. Proof of identity
2. Appointment
3. COVID-19 negative test result within the past 14 days (sent prior to visit)

## **Upon entering the building:**

### **1. Screening Process**

Once checked-in, the visitor will **perform hand hygiene** and will put on their **N95 mask**.

The screening process will include:

- a. Temperature check (Temperature must not be  $\geq 100.4\text{F}$ )
- b. Assessment of symptoms

A set questions pertaining to COVID-19 symptoms will be verbally asked by the front desk personnel and written on the log sheet.

Questions will include:

- Do you have fever, cough, headache, sore throat, diarrhea, pink eye, etc.?
- Have you been exposed to someone with known positive COVID-19 case within the past 14 days?
- Have you had any travels out of the state within the past 14 days?

### **2. Briefing on Infection Control Protocol**

- a. No personal belongings are allowed in the building. You are advised to leave all personal belongings inside the car. If this is not possible, you will be asked to put everything in a plastic bag and leave it in the lobby. (Note: The facility is not responsible for any loss of personal belongings).
- b. The entire visit will last for ONE (1) hour. This includes the following:
  - Screening process
  - Badge issuance and verification
  - Briefing on infection control
  - Putting on PPE
  - Actual Visit
  - Removing PPE

c. Each visitor will be escorted by a facility staff (usher) from the entrance to the respective room and to the exit door.

d. The usher will assist the visitor in putting on the complete PPE.

The complete PPE will include the following:

- Hair cover
- N95 mask
- Face shield – which is reusable
- Isolation gown
- Shoe cover

Visitors will then be escorted to the restroom to wash their hands and any other business that needs to be attended to. **Gloves will be provided** and must be put on PRIOR TO ENTERING THE HALLWAY.

Note: All designated visitors must bring their own PPE. New PPE must be used for each visit and sealed in a gallon plastic zip lock bag.

**When entering the hallway:**

- The usher will escort the visitor to the hallway where their resident is located.
- Only ONE (1) visitor is allowed inside the room.
- The visitor must stay with their respective resident to limit exposure to other residents.
- The visitor is expected to wear the complete PPE for the entire duration of their visit.
- The usher will wait outside the room until the visit is over.

### **Exiting the building:**

- When the visit is over, the usher will escort the visitor to the end of the hallway.
- Each visitor will be assisted in removing the PPE and the PPE must be discarded in the RED BOX located at the end of each hallway – except for the face shield, which is reusable.
- The visitor will perform alcohol-based hand rub accessible near the exit.

### **Disinfection**

At the end of every visit, a facility staff will disinfect all highly touched surfaces within the general area where the visit occurred. An EPA approved disinfectant must be used for disinfection. This includes but not limited to the following:

- Side rails
- Doorknobs
- Call light
- Bed control
- TV remote control
- Chair